

# THE ESSENTIALS



Banks, the Police, and other services will never ask you for your password. Never reveal your PIN, passwords or security information to anyone. Always phone your bank directly to confirm any changes.

Don't click on any links or attachments you aren't expecting. If someone does something that seems off, always contact the person directly. Sudden changes to bank information, or unexpected requests to change your login details are likely malicious.



Keep your devices up to date, and always use the latest software, apps and operating systems when they become available. Automatic updates will keep you safe and secure without having to worry.

Use strong passwords to keep your accounts secure. A strong password doesn't have to be overly complex, length is the determining factor. Try using a long personal phrase that you can easily remember.



For more information, visit the National Cyber Security Centre (NCSC) website at [ncsc.gov.uk](https://www.ncsc.gov.uk) to find out more information on how to keep you and your family secure online.



National Cyber  
Security Centre